ENGR 0081 Catalog

{ University of Pittsburgh
  Swanson School of Engineering, Fall 2171
What is the purpose of Freshman Seminar?
Freshman Seminar (ENGR 0081) is designed with the needs of first-year Engineering students in mind. The main objectives are to:

- Help ease the transition from high school to college by helping you discover new information, plan for future goals, and act upon those plans to achieve success in your first year and beyond.

- Educate you about the different fields of Engineering study and help you select your major if you’re not sure which field is right for you.

How Is Freshman Seminar structured?
There are two components of Freshman Seminar:

Online Lectures Weekly
All first-year Engineering students will be required to watch a weekly presentation from one of the ENGR departments or the Freshman Program Office. These online presentations will help you gain a better understanding of the various fields of Engineering and give you relevant information you need to know about registration, etc. No matter what major you choose (and if you don’t know yet, that’s okay!) you will likely someday work with engineers of various disciplines, so having a good understanding of each field is important. These meetings will also provide resources to help you with certain Engineering 0011 and 0012 (or 0711/0712) assignments.

Small Group Recitation Meetings
The small group recitation sections are comprised of about 15 students per section, and are grouped according to an interest that the students in the class share. They are led by Peer Advisors (see next page). The recitation sections will help connect you to others in the freshman class and also put you in touch with a successful upperclass student. The recitation section will focus on acquainting you with local and campus resources and provide you with tips and tools for academic success.
What are Peer Advisors?

Peer Advisors are Engineering students, just like you, who are here first and foremost to help you, answer your questions, and provide you with information that will help you be successful in your first year. They have walked the path on which you are about to embark as a first year Engineering student and they want to share the lessons they’ve learned and answer any questions you may have about academics, extracurricular activities, balancing school and fun, and anything else you may want to ask. Peer Advisors are great listeners too, and they’re willing to help if you need to bounce ideas off of someone or discuss a problem or frustration that you may be experiencing.

Peer Advisors:

- Are members of the Freshman Engineering Leadership Team (FELT) in the Freshman Engineering Program office.
- Lead the small group recitation sections of Seminar.
- Conduct one-on-one meetings with the students in their Seminar recitation section.
- Serve as a resource for certain Engineering 0011 and 0012 (or 0711 and 0712) assignments.
- Are willing to communicate with their freshmen outside of class via phone/email/appointments.

What kinds of topics will my Peer Advisor cover in Seminar Recitation?

Your Peer Advisor knows that most freshmen in the Swanson School of Engineering never had to study very hard in high school. And he/she knows that the workload in Freshman Engineering is a major change for most freshmen—even the best and the brightest. To help you adjust to this new and incredibly demanding workload, Peer Advisors will talk about topics such as time management, study skills, stress management, developing relationships with professors and advisors, and where to go for help if you need it.

Peer Advisors also know that in order to get the full experience of college life, it’s important to take Pitt up on all of the many fun opportunities it has to offer. Your Peer Advisor will help you get to know Pitt and the city of Pittsburgh a little better and also help you connect to fun and exciting campus opportunities.
Registering for Seminar

How do I select a Seminar recitation section?

**STEP ONE: Figure out your academic schedule.**
Before you can register for a section of Freshman Engineering Seminar, you will need to first schedule your main academic courses. Knowing your schedule (and putting it on a Trial Schedule Form—available in your Pittstart materials folder—so that it makes sense to you visually) will help you determine which time slots you have available to attend a Peer Advisor-led Seminar recitation section.

**STEP TWO: Pick a Seminar recitation section that interests you.**
All of the Seminar recitation groups and the Peer Advisors who lead them are listed in this booklet. All you need to do is find a few that sound interesting to you that fit your schedule. We recommend that you pick three choices and to rank-order them in case your first or second choice has already been filled. The classes only hold about 15 students each, so it’s possible that you may need two or three options that fit your schedule. There are many to choose from, and it will be helpful to keep in mind that one of the important aspects of college is learning about and experiencing things that are new to you.

A good way to decide on a Seminar recitation is to consider the following:

- Can you meet on the day/time the section is scheduled to meet? Does the section fit into your schedule?
- What interest areas appeal to you the most?
- Who is the Peer Advisor? Might you share interests with him or her?

**STEP THREE: Enter your Seminar lecture and recitation on your Enrollment Form.**
Once you have determined which groups you might want to choose, fill in your top three Seminar Recitation choices on your Trial Schedule Form. Once you have filled in the form completely with your Seminar information as well as that for all of your other electives/classes, you are ready for course registration.
Freshman Engineering Seminar is aimed to make your transition from high school to college the easiest transition possible. You will socialize with other freshman engineering students in this seminar and learn helpful tips towards succeeding in the Swanson School of Engineering. We will discuss issues ranging from study habits to roommate problems, and I am always open to any questions that you may have!

Do you miss the fun and excitement of being a kid? During school, you would get to play seven-up, telephone, or charades! Deciding to eat fruit snacks, brownies, or candy bars was one of your toughest decisions. In this seminar, we will relive our childhood. We will discuss everyone’s favorite childhood cartoons, color our favorite characters, and eat food from our elementary school days. If you want a blast from the past each week, this is the seminar to choose!

CLASS NUMBER: 18162
MEETING DAY/TIME: Monday, 10-10:50 AM

Your Peer Advisor
Kylie Zeis
Senior
Industrial Engineering
Elizabeth, PA
In Freshman Seminar, we'll discuss and tackle the issues that freshmen encounter during their first year in Pitt’s Swanson School of Engineering, from dorm life dilemmas to achieving academic success while undertaking a challenging course load. In seminar, you’ll discuss these topics, but you’ll also be having fun and making friends with your fellow classmates, and you’ll hear from upperclassman who’ve made it through freshman year and are eager to give you insight and advice to make your transition from high school to college as smooth as possible.

New to Pittsburgh and looking to learn what this exciting city has to offer? Join this seminar and you’ll discover that Pittsburgh is home to many beautiful museums, great sports teams, and more bridges than Venice! Through games, trivia, and more, you’ll learn that Pittsburgh has much more to offer than just the neighborhood of Oakland. Who knows, by the end of seminar you may be confused for a yinzer!

CLASS NUMBER: 13553
MEETING DAY/TIME: Monday, 11-11:50 AM
Freshman seminar is designed to ease the transition from high school to Pitt and to engineering. Every week we will be discussing important topics such as time management, study skills, and roommate conflicts. I am here as a resource for you! I can answer any questions you have and help you successfully navigate through freshman year! Plus, you’ll have the opportunity to get to know some fellow engineers while playing frisbee every week!

Did you know Pitt has one of the best Frisbee teams in the country?! Well, whether you’ve always wanted to learn to toss the disk or if you’ve played all your life, this seminar is for you! In this seminar, we will be playing ultimate frisbee every week with fellow freshman engineers. So no matter your skill level - come, hang out, play some frisbee, and have fun!

CLASS NUMBER: 13534
MEETING DAY/TIME: Monday, 12-12:50 PM
Do you ever feel overwhelmed with your workload & just feel like you need a break? The responsibilities of university life are immense and sometimes hard to swallow, however, there are many ways to relieve your stress, even in a college environment. In this seminar we will do yoga, paint, and discuss university student resources among many other fun activities that will help you manage your stress during your first year as an engineering student!

**Freshman Seminar is a class focused on YOU & your college transition. We will discuss all the obstacles you will encounter as a freshman both socially and academically. You can make new friends and use me as a resource for your questions and concerns. Freshman Seminar will be a fun and relaxing way to face the challenges of first semester!**

**Your Peer Advisor:**
- Grace Bova
- Bioengineering
- Junior
- Allentown, PA

CLASS NUMBER: 13536
MEETING DAY/TIME: Monday, 1-1:50 PM
Freshman Engineering Seminar is meant to help make the difficult transition from high school to college a little bit easier. We will talk about important topics like studying for tests, living with a roommate, coping with homesickness, and many others that will help you find success in your freshman year. I will answer any questions you have, while making sure that you have all the information necessary to make a smooth transition into the Swanson School of Engineering. This is a place to meet freshmen in the same spot as you, and learn from someone who was in your shoes not too long ago.

Enjoy baseball? Play in high school? Play casually? Just like to watch games? This is the seminar for you. Fall is the best time of year for baseball fans, and we will take full advantage of the excitement. We will watch games, discuss who is going to win it all, and even go out for some friendly games of Wiffle ball. This is a good seminar for you if you like to hang out and have some fun.

CLASS NUMBER: 13656
MEETING DAY/TIME: Monday, 1-1:50 PM
If you are interested in football, and want to talk about collegiate football with a group of football-fanatics, this is the seminar for you! We will spend time talking about how the Panthers are doing, how other teams in the ACC are looking, and watch highlights from other schools games. Once the season starts winding down, we will talk about possible bowl games that Pitt will go to, and how Pitt has done in comparison to other teams in our division.

My name is Tina Rogers, and I am a sophomore majoring in environmental engineering. I am from Oxford, Pennsylvania, which is in Chester County (which is south of Philly; I’m from a small town). I love cats, cooking and baking, volunteering, reading, watching movies (especially scary movies!) and playing games. In addition to that, I am a proud member of Pitt band (I play saxophone!), and as such love watching football!

I’m excited to help you transition to the Swanson School of Engineering, and in this seminar, we will be talking about all of the issues that you’ll face as a new engineering student at Pitt. I am here to answer your questions and help you through it!

CLASS NUMBER: 28038
MEETING DAY/TIME: Monday, 2-2:50 PM
Your Peer Advisor:

- Kyle Kosinski
- Civil Engineering
- Junior
- Lancaster, PA

In Freshman Seminar, we’ll discuss important topics for succeeding in your first year of engineering. Topics will include time management, keeping grades up, developing healthy relationships, and how to find your place at Pitt. The goal of seminar is to help your transition from high school to college to be a smooth success. You will make new friends with similar interests, be able to ask questions, and learn the tools to get ahead.

Pitt has an amazing theatre program, that is very welcoming to new faces. With a variety of student and faculty run organizations, it is always easy to find a way to get involved. Whether you want to be on stage, behind the scenes, or just take in a show, there is a place for you. Learn about the Main Stage, Musical Theatre Club, Performance Collaborative, Redeye Theatre Project, and how to get involved.

CLASS NUMBER: 20741
MEETING DAY/TIME: Monday, 4-4:50 PM
Enjoy playing soccer? Looking for an excuse to find time every week to play? Then this is the seminar for you! Every week, we will be playing pick up soccer with fellow freshman engineers. Whether you’ve played all your life or if you’ve never touched a soccer ball—all skill levels are welcome. Come, hang out, kick around, and have some fun!

Freshman seminar is designed to ease the transition from high school to Pitt and to engineering. Every week we will be discussing important topics such as time management, study skills, and roommate conflicts. I am here as a resource for you! I can answer any questions you have and help you successfully navigate through freshman year! Plus, you’ll have the opportunity to get to know some fellow engineers while playing soccer every week!

CLASS NUMBER: 20737
MEETING DAY/TIME: Monday, 4-4:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Photography in the Steel City
Exploring Pittsburgh Through a Camera Lens

Your Peer Advisor:
• Alexis Brockway
• Computer Engineering
• Senior
• Cranberry Township, PA

Freshman Engineering Seminar is aimed to help guide you through your first semester of engineering. We will talk about issues that many first year students face like time management, roommate conflicts, and grade troubles in order to make your transition from high school to college smoother and less intimidating. You’ll have the opportunity to meet other freshmen in your same position, ask questions, and gain information to help make your first year of college a success.

Interested in photography? In addition to helping you survive freshman year, we’ll explore Pittsburgh through photography. When it’s nice out, we’ll definitely be out and about taking pictures. You’ll also learn fun facts and tips about the city. Even if you’re just looking to take a good Instagram pic, all levels of photographers are welcome!

CLASS NUMBER: 13544
MEETING DAY/TIME: Monday, 6-6:50 PM
Do you love Just Dance?

Do you ever find yourself waving your hands in the air, like you just don’t care?

If you come up to get down, then get off your seat and jump around!

Freshman year can seem overwhelming at times. It is a huge transition, but freshman seminar is here to help you! I will give you advice to help you take on your college workload, show you all of the resources available to you here at Pitt, and answer any questions that you have to make your freshman year as successful as possible. What better way to make new friends and take a break from your engineering classes, than joining together for some good old Just Dance?

Your Peer Advisor:
Faith Thaler
Stroudsburg, PA
Junior
Mechanical Engineering

CLASS NUMBER: 24194
MEETING DAY/TIME: Monday, 6-6:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
“Cheerful: Happy, Lively.” ..... Do you put down, “The Chicken Dance” or “Monkeys”? If you’ve ever faced this dilemma before, than you’re clearly a pro at Apples to Apples! In this seminar, we’ll play your favorite party game and try to win the most “red apple” cards by matching the “green apple” card of that round. If you know the rules already, then this seminar is for you! If not, don’t worry. We’ll play Apples to Apples, Jenga, Trivia, and many other games throughout the semester! These games are a great way to de-stress from a busy week, get to have fun with your fellow classmates, and bond and build team-work!

But college isn’t all fun and games! We’ll also discuss issues that a typical freshman at Pitt’s Swanson School of Engineering faces. The aim of Freshman Seminar is to ease your transition into college, and we’ll accomplish this by learning about the techniques to a successful freshman year, such as utilizing the different academic resources on campus, dealing with new social environments, managing your time between effective studying and relaxation, and more!
International Games

Freshman seminar is to help with a successful transition from high school to college. We will talk about time management, study schedules, keeping a healthy balance, effectively studying, and still having a great time on campus!

Have you ever wondered what people across the world do for fun? In this seminar, we will play games from different countries and learn what kids do for fun overseas.

CLASS NUMBER: 18162
MEETING DAY/TIME: Monday, 7-7:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!

Peer Advisor: Shweta Ravichandar
Junior
Mechanical Engineering
Princeton, NJ
大家好! In this seminar, we will be exploring the exciting and delicious world of China through a variety of cultural activities such as calligraphy, celebration of Chinese festivals, dumpling making, and more! This seminar is meant to serve as a bridge between American and Chinese cultures, so students from both (and of course, any!) cultures are welcome. Remember to bring an open, curious mind.

And, of course, when we aren't discussing other cultures, we will be learning some very important skills regarding how to become a successful engineering student at Pitt. We will cover topics like roommate conflict resolution, time management, dealing with the difficult course loads, and finding ways to get involved on campus.
Welcome to Fantasy Football!!! (AKA The Show)

- Hello! My name is Max Baxter and I am a sophomore bioengineering student from Watchung, New Jersey (Let’s go Jets)!
- Welcome to freshman engineering seminar! In Fantasy Football, we will start a league and will compete with each other for the title of Freshman Engineering Seminar Recitation Fantasy Football King/Queen. We will also discuss what is going on in the NFL, our predictions for certain games, and trades within the league.
- We will also talk about several important topics regarding your transition into college and Pitt’s first year engineering program. This includes everything from strategies for preparing for exams to working our issues with your roommate(s). You will also have the opportunity to meet and get to know many of your peers!

CLASS NUMBER: 13545
MEETING DAY/TIME: Tuesday, 10-10:50 AM
Skiing & Snowboarding!!!
A Winter Sports Freshman Seminar Section!

What the heck is Freshman Seminar???

Freshman Engineering Seminar is a way for you to connect with an upperclassman Pitt engineer, who will help guide you through some of the changes freshmen experience. Here a group of freshmen engineers will meet once a week and talk about different topics such as: study skills, roommates, relationships, independent living and on/off campus activities. This is a very open setting in which you are encouraged to have a good time, ask questions, make friends and embrace your new home at Pitt!

In this seminar, our group will do more than talk about the above listed information. our main focuses will be on snowboarding, skiing, and everything associated with the best parts of winter! From watching sick edits to talking about local mountains and opportunities to ride through Pitt, this seminar section is definitely a great fit for any winter sports lover. If you love skiing, snowboarding or even just want to get into the sports, this is without a doubt the seminar section for you!

Your Peer Advisor:
- Daxton Scholl
- Year: Junior
- Major: Computer Engineer
- Hometown: Bethlehem, PA

CLASS NUMBER: 13557
MEETING DAY/TIME: Tuesday, 11-11:50 AM
Is it October yet?

a seminar for hockey fans

Freshman Engineering Seminar is designed to help you successfully transition from high school to Pitt. Each week, we will discuss important topics such as how to manage your time, how to study, and how to maintain relationships back home. This seminar is a place to relax, meet some other engineers, learn where to go in Pittsburgh, and have all of your questions answered.

Do you wish it was October the day after the Stanley Cup is lifted? Think you know more hockey trivia than others? Whether you love hockey or are a casual fan, this seminar is for you! Each week we will spend time discussing the upcoming and previous seasons, the new World Cup of Hockey, trivia, and more. Come meet other hockey fans as we anxiously wait for October!

Your Peer Advisor:
Rachel Dunn
Senior
Mechanical Engineering
Pittsburgh, PA

CLASS NUMBER: 28039
MEETING DAY/TIME: Tuesday, 2-2:50 PM
Are you intimidated by the rumor that everyone gains fifteen pounds when they go to college? Don’t be. The “Freshman 15” is avoidable. In this seminar, we’ll talk about all the different ways you can stay fit and healthy at Pitt. We’ll talk about everything from effective workouts to eating healthily at the dining halls and take your minds off of the stresses of your classes.

CLASS NUMBER: 13547
MEETING DAY/TIME: Tuesday, 3-3:50 PM
The Freshmen Peer Advising Team’s mission is to assist freshman students in their academic and social transitions from high school to college. Seminar teaches you ways to self-assess your strengths and weaknesses in and out of the classroom so that you can perform and achieve all that you’re capable of. Together, we will talk about any questions you have while in a casual environment where you can meet new friends! We will work together to make sure that your transition from high school to Pitt is a smooth one, and that you are happy where you are!

CLASS NUMBER: 13537
MEETING DAY/TIME: Tuesday, 4-4:50 PM
Your Peer Advisor:
- Charlie Hansen
- Chemical Engineering
- Senior
- Mechanicsburg, PA

Transitioning from high school to college can be a stressful experience, but there’s no better way to relax than with some yoga and meditation! In addition to helping you with that transition, we will take some of our session to clear our minds with different yoga and meditation practices. Whether you’ve never practiced before or you’re a master yogi, this is the seminar for you.

Freshman Engineering Seminar is designed to assist you in your transition from high school to college. In addition to building relationships with your peers, we will talk about exams, study skills, time management, what to do in this great city, and anything else that can help you be successful in your first year here. I’m here to help you in any way that I can, and I’ll be glad to answer any questions you have about Pitt, engineering, or life in general!

CLASS NUMBER: 17133
MEETING DAY/TIME: Tuesday, 4:45-5:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
A seminar on Pittsburgh Entrepreneurship

As a kid, were you constantly thinking of ways to take your classmates’ money? If so, this seminar is for you! In this creative environment, we will discuss the big ideas that have made Pittsburgh one of the greatest comeback stories in the world. We will study specific Pittsburgh startups and analyze their challenges and successes. By the end of the semester, you will have substantial knowledge of how to proceed with your own idea!

Wait a second… How can you convince the world to buy your idea if you can’t get your roommate to turn the volume down?? Aha! In this all-encompassing seminar, you will also learn how to resolve roommate problems, time-management skills, and how to remain happy and relaxed despite being the busiest you will probably ever be in your life!

CLASS NUMBER: 24195
MEETING DAY/TIME: Tuesday, 5-5:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Do you love being outside? Do you enjoy natural scenery? If yes, then this seminar is perfect for you! This seminar will give you a break from your course load to enjoy the natural scene of Oakland with your fellow peers!

In Freshmen Seminar, we will discuss topics to help you have a smooth, successful transition from high school to college. We will talk about study tips, time management strategies, resources available at Pitt, and much more to help you thrive both academically and socially at Pitt. You’ll meet new people, have a chance to ask questions, and get all the information you need to have the best freshmen year!

CLASS NUMBER: 24201
MEETING DAY/TIME: Tuesday, 6-6:50PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Coffee
The key to late night study sessions

Freshman Engineering Seminar is meant to help make the difficult transition from high school to college a little bit easier. We will talk about important topics like studying for tests, living with a roommate, coping with homesickness, and many others that will help you find success in your freshman year. We will answer any questions you have, while making sure that you have all the information necessary to make a smooth transition into the Swanson School of Engineering. This is a place to meet freshman in the same spot as you, and learn from someone who was in your shoes not too long ago.

When it is 2:00 in the morning and you still have plenty of work to get done, what do you do? Make some coffee! Coffee is the best friend of most college students, and we will explore this popular drink in more detail in this seminar. We will delve into the world of specialty coffee, trying different ways to make coffee and different coffees you can find around Pittsburgh. If you are passionate about coffee or would like to learn more about your main source of caffeine, this is the Seminar for you!

Your Peer Advisor
• Mike Gabrin
• Computer Engineering
• Junior
• Murrysville, PA

CLASS NUMBER: 20745
MEETING DAY/TIME: Wednesday, 9-9:50 AM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Card Games

If you find yourself playing solitaire in your boredom, or consider a good party one that has card games, then this is the perfect seminar for you! We will play games such as Pit, Dutch Blitz, Bohnanza, Bang!, and more. You may not know all of the games, but coming from a true card-game-fanatic, trust me; they’re amazing. In this seminar, you can make friends and bond over our common love for card games.

My name is Tina Rogers, and I am a sophomore majoring in environmental engineering. I am from Oxford, Pennsylvania, which is in Chester County (which is south of Philly; I’m from a small town). I am a proud member of Pitt band, and I play saxophone.

I’m here to help you as you transition from high school to college. Majoring in engineering is a big change from a high school work load, and Seminar is a place to learn about how to deal with the new challenges of college life. I’m here to answer any questions you may have.

CLASS NUMBER: 24200
MEETING DAY/TIME: Wednesday, 10-10:50 AM
CREATE, DESIGN, ENGINEER

Freshman seminar is meant to help you make a successful transition from high school to college. We will talk about time management, study schedules, maintaining a healthy balance, effectively studying, and still having a great time on campus!

We will also talk about cool new engineering and science topics that have been discovered. We will go over basic prototyping techniques and learn the basics about producing creative ideas and steps to take to actually implement ideas into something tangible.

Shweta Ravichandar
Junior
Mechanical Engineering
Princeton, NJ

CLASS NUMBER: 13535
MEETING DAY/TIME: Wednesday, 11-11:50 AM
Freshman Engineering Seminar will help smooth the transition from high school to college. We will have planned weekly discussions on managing your course load, staying organized, dealing with roommate issues, getting involved on campus, and more; however, there is no limit to what freshman year issues can be discussed. We will spend time answering any questions you have, and we will equip you with information regarding life at Pitt that will help you succeed in your first semester! Lastly, you’ll have the opportunity to meet other freshman engineering students.

Coming to Pitt from the other side of the state? Confused as to why Pittsburgh natives are telling you that you have an accent? Join this seminar if you’re looking for a place where you can talk about the sports, food, and culture in the city of brotherly love! If you’re looking to find a subgroup of students who come from the Philadelphia area, look no further! Wawa fans only; no Sheetz people allowed (just kidding, but prepare for a heated debate if you do sign up).

**CLASS NUMBER:** 13549  
**MEETING DAY/TIME:** Wednesday, 12-12:50 PM
Your Peer Advisor:
- Charlie Hansen
- Chemical Engineering
- Senior
- Mechanicsburg, PA

Freshman Engineering Seminar is designed to assist you in your transition from high school to college. In addition to building relationships with your peers, we will talk about exams, study skills, time management, what to do in this great city, and anything else that can help you be successful in your first year here. I’m here to help you in any way that I can, and I’ll be glad to answer any questions you have about Pitt, engineering, or life in general!

If you don’t want to wait until basketball season to get excited about Pitt basketball, this is your seminar. As President of the Oakland Zoo, I can give you the inside scoop about Pitt hoops. Aside from helping you transition from high school to college, we will talk Pitt basketball, get hyped for the upcoming season, and maybe even shoot the rock if there’s interest! Hail to Pitt!

CLASS NUMBER: 13550
MEETING DAY/TIME: Wednesday, 1-1:50 PM
Freshman Seminar is designed to help ease the transition from high school to college. I’ll be there as a guide as you enter into the Swanson School of Engineering. We will discuss the standard freshman concerns, like how to choose classes, how to get along with your roommate, and time management.

Engineering can be fun! Come explore basic engineering design and principles through popsicle sticks, toothpicks, and friendly competition.

CLASS NUMBER: 13657
MEETING DAY/TIME: Wednesday, 4-4:50 PM

OBSTICLES WITH POPSICLES

Your Peer Advisor:
- Emily Adelsohn
- Civil Engineering
- Junior
- West Orange, NJ

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Welcome to Oakland!!!

An introduction to your new home!

Your Peer Advisor:
- Daxton Scholl
- Year: Junior
- Major: Computer Engineer
- Hometown: Bethlehem, PA

What the heck is Freshman Seminar???

Freshman Engineering Seminar is a way for you to connect with an upperclassman Pitt engineer, who will help guide you through some of the changes freshmen experience. Here a group of freshmen engineers will meet once a week and talk about different topics such as: study skills, roommates, relationships, independent living and on/ off campus activities. This is a very open setting in which you are encouraged to have a good time, ask questions, make friends and embrace your new home at Pitt!

In this seminar we will not only discuss the above listed topics, but we will also talk about different things to do around Oakland and the surrounding neighborhoods. From which museums you can go to for free with just your Pitt ID, to the best places to grab a sandwich in the city, this section of freshman seminar will cover it all. If you are interested in learning all about your new home, fun places to go, great places to eat and opportunities at your disposal then this session is for you!

CLASS NUMBER: 24196
MEETING DAY/TIME: Wednesday, 5-5:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Freshman Seminar is a class made to ease your transition into college. We will discuss typical problems a freshman faces, both socially and as an engineering student (roommate problems, time management...). This class will be an exciting way to make new friends and address any questions you have about Pitt!

Do you ever wish you could go back to being 6 years old... when you had less stress and responsibility? This seminar will do just that for you! During this semester we will be coloring, playing with playdoh, and doing anything else that makes you feel younger while transitioning into college life.

CLASS NUMBER: 17134
MEETING DAY/TIME: Wednesday, 6-6:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Welcome to Stress Relief!!!

- Hello! My name is Max Baxter and I am a sophomore bioengineering student from Watchung, New Jersey.

- Welcome to freshman engineering seminar! Engineering can be quite stressful at times, so in Stress Relief we will take part in several different games and activities with the sole purpose of relieving stress! While I have some ideas for different things we can do, suggestions are also always welcome and encouraged! Come join the most chill seminar recitation here!

- We will also talk about several important topics regarding your transition into college and Pitt’s first year engineering program. This includes everything from strategies for preparing for exams to working out issues with your roommate(s). You will also have the opportunity to meet and get to know many of your peers!

CLASS NUMBER: 28041
MEETING DAY/TIME: Wednesday, 7-7:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Who says engineers just do math and physics all day? In this seminar, we’ll share our favorite books and authors, and just take some time off to read!

Freshman Engineering Seminar is designed to ease your transition from high school to college. We’ll talk about ways to handle a difficult course load, time management, resources, and more. It’s a great place to take a break from class to ask questions and meet new people!
Calling all Mouseketeers and future Imagineers for a seminar that celebrates the wonderful world of Disney! Everyone knows you’re never too old for some magic, so sign up for this seminar and you’ll be able to take a break from your classes while feeling like a kid again. At the end of each seminar, we’ll have fun by playing games, watching videos, or listening to music, so join my pal Mickey and me if this is the seminar for you!

Freshman Engineering Seminar is designed to help you adjust to college and make a smooth transition during your first year at Pitt. In this seminar, we’ll cover some helpful tips for your freshman year involving study habits, time management, relationships with home, and balancing a social life. The Freshman Engineering Leadership Team wants you to succeed, and I’m here to help you make sure you have no worries for the rest of your days!

**Peer Advisor:**
- Emily Zullo
- Industrial Engineering
- Senior
- Pittsburgh, PA

**CLASS NUMBER:** 20743
**MEETING DAY/TIME:** Thursday, 9-9:50 AM

**THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!**
WHERE IN THE WORLD??
THE “INTERNATIONAL” SEMINAR

Have you always wanted to travel the world? Are you interested in learning about different countries? Together, we will explore different places around the world along with discussing many international programs Pitt has to offer!

In Freshmen Seminar, we will discuss topics to help you have a smooth, successful transition from high school to college. We will talk about study tips, time management strategies, resources available at Pitt, and much more to help you thrive both academically and socially. You’ll meet new people, have a chance to ask questions, and get all the information you need to have the best freshmen year!

Your Peer Advisor:

• Rushil Shah
• Industrial Engineering
• Junior
• Cleveland, OH

CLASS NUMBER: 13558
MEETING DAY/TIME: Thursday, 11-11:50 AM
Exploring Pittsburgh
Getting to know the Steel City

Your Peer Advisor:
• Stephanie Viscovich
• Mechanical Engineering
• Junior
• Chatham, NJ

Freshman Engineering Seminar is all about making your transition from high school to college as smooth as possible. We will talk about all the social and academic obstacles you will encounter as a freshman. You’ll have the opportunity to discuss any questions or concerns you have and you’ll get to know other freshman engineers going through the same transition you are.

Are you curious about the city you’ll be living in for the next four years? If you want to explore Southside, ride the Duquesne Incline, or go shopping in the Strip District, this is the seminar for you. In this seminar, we’ll talk about reasons to visit different neighborhoods in Pittsburgh and hopefully explore some of them.

CLASS NUMBER: 20744
MEETING DAY/TIME: Thursday, 12-12:50 PM
Welcome to Seminar! Seminar will help guide you through the struggles and transition of college. We will discuss time management, exams, things to do at Pitt, and anything else that can help you succeed in your first year as an engineer! By coming to seminar, you can meet new people going through the same transition!

Do you like being artistic? Do you like to draw? If the answer is yes, then this is the seminar for you! Come take a break from the heavy workload and join other artists to draw each week!

CLASS NUMBER: 13546
MEETING DAY/TIME: Thursday, 1-1:50 PM
In Freshman Seminar, we’ll discuss important topics for succeeding in your first year of engineering. Topics will include time management, keeping grades up, developing healthy relationships, and how to find your place at Pitt. The goal of seminar is to help your transition from high school to college to be a smooth success. You will make new friends with similar interests, be able to ask questions, and learn the tools to get ahead.

This seminar is for the casual Uno player and the high roller. Keep you math skills sharp as we play games from Crazy Eights to Texas Hold ‘em, anything goes! Put on your poker face and go all in on this one!

CLASS NUMBER: 18164
MEETING DAY/TIME: Thursday, 1-1:50 PM
Tea

Do you love tea? Do you sometimes wonder if you are actually British? Do you love eating scones and little mini sandwiches? If so then this is the seminar for you!

Freshman year can seem overwhelming at times. It is a huge transition, but freshman seminar is here to help you! I will give you advice to help you take on your college work-load, show you all of the resources available to you here at Pitt, and answer any questions that you have to make your freshman year as successful as possible. In this seminar we will be able to relax and get to know each other while drinking the perfect cup of tea!

CLASS NUMBER: 13552
MEETING DAY/TIME: Thursday, 3-3:50 PM
Freshman Engineering Seminar will help smooth the transition from high school to college. We will have planned weekly discussions on managing your course load, staying organized, dealing with roommate issues, getting involved on campus, and more; however, there is no limit to what freshman year issues can be discussed. We will spend time answering any questions you have, and we will equip you with information regarding life at Pitt that will help you succeed in your first semester! Lastly, you’ll have the opportunity to meet other freshman engineering students.

If your only impression of Greek Life is Animal House, consider yourself misled. This seminar is for students who are interested in joining Greek Life here at Pitt, and want to learn about the benefits of Greek Life that aren’t discussed in pop culture and the media. We will discuss recruitment, Greek Week, and any other hesitations and questions you may have regarding going Greek!

CLASS NUMBER: 17132
MEETING DAY/TIME: Thursday, 6-6:50 PM
Freshman Engineering Seminar is designed to help you successfully transition from high school to Pitt. Each week, we will discuss important topics such as how to manage your time, how to study, and how to maintain relationships back home. This seminar is a place to relax, meet some other engineers, learn where to go in Pittsburgh, and have all of your questions answered.

Do you know more movie quotes, random facts, or song lyrics than your friends? Find out your area of expertise in the Trivia seminar. Each week will test your knowledge of a new topic from Pitt to pop culture to random facts!

Your Peer Advisor:
Rachel Dunn
Senior
Mechanical Engineering
Pittsburgh, PA

CLASS NUMBER: 24197
MEETING DAY/TIME: Thursday, 6-6:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!
Running Seminar

Your Peer Advisor:
- Shumeng Yang
- Bioengineering
- Sophomore
- Malvern, PA

Whether you love running or would like to start, this is the seminar for you! We’ll discuss everything from food to shoes, share our favorite trails around campus, and go out on a few runs!

Freshman Engineering Seminar is designed to ease your transition from high school to college. We’ll talk about ways to handle a difficult course load, time management, resources, and more. It’s a great place to take a break from class to ask questions and meet new people!

CLASS NUMBER: 24198
MEETING DAY/TIME: Friday, 9-9:50 AM
Freshman Seminar is designed to help you through the first semester of engineering school. As you work through this transition, I will serve as your guide. We will discuss the normal freshman concerns (classes, friends, food, etc.) and I will answer any questions you have along the way.

We all want to be adults, but why not hold on to being a kid just a little bit longer? Come recapture your childhood through the science experiments we loved as kids and make new friends!

**CLASS NUMBER:** 24199  
**MEETING DAY/TIME:** Friday, 10-10:50 AM
Your Peer Advisor:
- Courtney Vu
- Bioengineering
- Junior
- Bridgewater, NJ

Welcome to Seminar! Seminar will help guide you through the struggles and transition of college. We will discuss time management, exams, things to do at Pitt, and anything else that can help you succeed in your first year as an engineer! By coming to seminar, you can meet new people going through the same transition!

Are you interested in meeting new people in a fun setting? Do you like group games? If the answer is yes, then this is the seminar for you! Come take a break from school each week and make new friends!

CLASS NUMBER: 18163
MEETING DAY/TIME: Friday, 11-11:50 AM
Do you love Pitt basketball and can't wait to be in the Oakland Zoo? If yes, then this seminar is right for you! Meet other freshman who cannot wait for pre-season games to roll around and especially can’t wait for ACC play to start! Since the Oakland Zoo is the fan section, I will not only give you insight on the Oakland Zoo itself and how it functions, but we can also discuss anything Pitt basketball related. Hail to Pitt!

Freshman Engineering Seminar aims to aid freshman engineering students with their academic and social transitions to college. We will discuss all the pressing issues that will most likely arise during your first semester: how to study, time management skills, roommate issues, getting involved, and many other topics! You may ask me any questions that you may have, and you will also be able to socialize with the others in this seminar!

CLASS NUMBER: 13555
MEETING DAY/TIME: Friday, 12-12:50 PM
Freshman Engineering Seminar is aimed to help guide you through your first semester of engineering. We will talk about issues that many freshman year students face like time management, roommate conflicts, and grade troubles in order to make your transition from high school to college smoother and less intimidating. You’ll have the opportunity to meet other freshmen in your same position, ask questions, and gain information to help make your first year of college a success.

Do you miss the good-ole days where all you had to worry about was coloring inside the lines? In this seminar, in addition to learning tactics to survive freshman year, we’ll take some time to relax by utilizing coloring as a stress outlet.

CLASS NUMBER: 13551
MEETING DAY/TIME: Friday, 1-1:50 PM
JOINING PITT BAND?

If you are going to be a member of the University of Pittsburgh Varsity Marching Band, then this is the seminar for you! Taking on Pitt Band and engineering at the same time might seem like a lot to handle your freshman year, but don’t worry! We want you to be successful in your first year at Pitt.

Freshman Engineering Seminar is designed to help you adjust to college and make a smooth transition during your first year at Pitt. During this seminar, I’ll help you learn how to manage your time between a difficult course load and Pitt Band during football season, and we’ll also be covering other topics that can help you make a smooth transition to college (such as study habits, roommate conflicts, relationships with home, and campus life). At the end of each seminar, we’ll relax with fun activities, games, and music while bonding with your new band friends!

CLASS NUMBER: 13556
MEETING DAY/TIME: Friday, 1-1:50 PM
YOGA: A SEMINAR FOR PROS, BROS, AND THOSE WHO NEED TO RELAX

Emily Kieffer
Senior
Bioengineer
Pittsburgh, PA

The Freshmen Peer Advising Team’s mission is to assist freshmen students in their academic and social transitions from high school to college. Seminar teaches you ways to self-assess your strengths and weaknesses in and out of the classroom so that you can perform and achieve all that you’re capable of. Together, we will talk about any questions you have while in a casual environment where you can meet new friends! We will work together to make sure that your transition from high school to Pitt is a smooth one, and that you are happy where you are!

CLASS NUMBER: 13554
MEETING DAY/TIME: Friday, 1-1:50 PM

THIS SEMINAR IS HELD IN FORBES HALL FOR FORBES RESIDENTS ONLY!

Um excuse me, am I doing good in yoga?
I try hard.

Great at yoga? Not great but still enjoy it? This seminar is for you! We’ll end every class in a rejuvenating yoga session that energizes you into the rest of your day!